

## BISHOP AUCKLAND BRIBAR SUMMER CAMPS:



1<sup>st</sup> and 2<sup>nd</sup> August with



**Mark Simpson** –professional Sports psychology consultant, high level table tennis player, and coach. Mark is a 3x British university champion, former number 18 in England, has played in French and Swedish national leagues, and currently playing in German national league. Mark was formally at Grantham College Table Tennis academy and brings experiences of training full-time while balancing studying

15<sup>th</sup> -17<sup>th</sup> August with



**John Murphy** –Irish National Team Coach. 5 times Men's National Champion, represented Ireland at World Championship, European Championships and Commonwealth Games. Player professionally in Sweden, France and Germany

### Camps Details

10.00am-4.00pm daily

**Camp 1** £20 for both days or £12 per day

**Camp 2** £30 for all 3 days or £12 per day

Players are expected to provide their own lunch & plenty of fluids

### Camp includes:

#### **Multiball**

Improve movement, speed, reactions, & versatility.

#### **Serving Masterclass**

Increase spin, variety, & confidence.

#### **Mental preparation**

Improve your mental game and tactical game.

### **Booking Details**

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Any Medical issues which the coaches will need to know:

Emergency Contact Number: \_\_\_\_\_ Emergency Contact Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Parents signature for those under 18)*

Please tick dates you want to book

<b>Camp 1</b>	<b>Tuesday 1<sup>st</sup> (£12)</b>		<b>Wednesday 2<sup>nd</sup> (£12)</b>		<b>Both Days (£20)</b>		
<b>Camp 2</b>	<b>Tuesday 15<sup>th</sup> (£12)</b>		<b>Wednesday 16<sup>th</sup> (£12)</b>		<b>Thursday 17<sup>th</sup> (£12)</b>		<b>Whole Camp</b>

Fee Enclosed £ \_\_\_\_\_